



The Modern Interpretation of Spiritual Education and Its Role in the Educational Process

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Abstract. This article presents information on the modern interpretation of spiritual education, related theories, and its role in students' learning activities in the era of globalization.

Keywords: spirituality, education, morality, modernity, concepts, globalization, ethics.

At all stages of social development, the issue of spiritual education has remained one of the most important matters. An individual's worldview, beliefs, morality, etiquette, and inner purity are directly connected to his or her spiritual world. Even if a person has high knowledge and professional skills, without spirituality he or she cannot function as a mature member of society. Therefore, the improvement of the system of spiritual education has not lost its relevance even today; on the contrary, it has gained even greater importance in accordance with the demands of the time.

In today's era of globalization, the flow of diverse information directly influences the consciousness of youth. The Internet, social networks, and various entertainment products are becoming the main tools in shaping their worldview. From this perspective, educating the younger generation in the spirit of national values, the heritage of our great ancestors, and Uzbek traditions, while harmonizing them with modern knowledge, is a crucial task. The stability and progress of society are primarily ensured through spiritually mature individuals. Instilling in young people such qualities as patriotism, diligence, honesty, and humanism is among the most urgent tasks of today. Therefore, in the system of education, it is essential to develop and introduce effective methods for instilling national ideas, values, and universal human virtues into the minds of students. One of the most important functions of spiritual education today is to protect youth from various negative influences such as drug addiction, internet dependency, violence, and indifference. Scientific data show that in countries where the system of spiritual education is highly developed, both economic and moral development reach higher levels. Thus, strengthening the system of spiritual education



in today's globalized world is the key guarantee for protecting young people from harmful ideas, raising them in the spirit of national and universal values, and ensuring the stable development of society.

As the President of the Republic of Uzbekistan, Shavkat Mirziyoyev, emphasized: "If the body of social life is the economy, its soul and spirit are spirituality. Since we have decided to build a New Uzbekistan, we must rely on two strong pillars. The first is a strong economy based on market principles. The second is strong spirituality based on the rich heritage of our ancestors and national values. The ideology of the New Uzbekistan we are creating is the idea of goodness and humanity. By spirituality, we primarily mean the education of thought, the upbringing of national and universal values. They are based on the centuries-old life concepts and values of our people."

It should be noted that all progress and achievements occurring in our country today are grounded on firm spiritual foundations. Spiritual education is one of the main directions of the educational process. Knowledge and skills produce complete results only when harmonized with moral values. If a student is knowledgeable but not morally and spiritually mature, he or she may not be useful to society, and at times may even be harmful. For this reason, alongside imparting knowledge, the spiritual and moral upbringing of students is one of the primary tasks of modern education.

Spiritual education is the process of shaping an individual's inner world, based on moral principles, beliefs, and values. This form of education not only regulates external behavior but also develops inner feelings and spiritual dignity. Spiritual education determines a person's worldview, lifestyle, social relationships, and attitudes toward others. A spiritually advanced person—any member of society—can contribute to the development of his or her field, analyze relationships, and establish a meaningful place in society.

The system of spiritual education requires a new, systematic approach that ensures the guaranteed development of core qualities in children, especially through fully utilizing the potential of general education institutions and elevating the scientific-methodological coherence among them to a new level. Unfortunately, qualities such as loyalty to the homeland, responsibility, initiative, and others often remain theoretical concepts in the minds of youth rather than being transformed into practical habits. As a result, a gap emerges between their words and actions concerning these values, which creates certain difficulties when young men and women enter independent life and seek their place in society.



Thus, the system of spiritual education demands innovative and systematic approaches to ensure the effective development of fundamental qualities in children, maximize the potential of general education institutions, and raise scientific-methodological coherence to a higher level.

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